

AMARGOSA VALLEY NEWSLETTER

JANUARY 2020

Amargosa Valley Town Office
 1640 E. Amargosa Farm Road
 Amargosa Valley, NV 89020

PRSR
 ECRWSS
 U.S.
 POSTAGE
 PAID
 EDDM

COMMUNITY EVENTS JANUARY

DATE	EVENT	TIME	PLACE
2	FIRE DEPT	6 PM	AMBULANCE HALL
6	CENSUS JOB INFO	11 AM – 3 PM	BEATTY LIBRARY
7	AMERICAN LEGION	7 PM	VFW ANNEX
9	CENSUS JOB INFO	10 AM – 1 PM	AMARGOSA LIBRARY
11	COMMODITIES	10 AM	SENIOR CENTER
13	LIBRARY BOARD	11 AM	LIBRARY
14	PLANNING COMMITTEE	6 PM	COMMUNITY CENTER
14	RADIO CLUB	6 PM	COMMUNICATIONS CENTER
15	TOURISM & ECON	6 PM	COMMUNITY CENTER
21	VFW	7 PM	VFW
23	TOWN BOARD MEETING	7 PM	COMMUNITY CENTER

*IF YOU ARE IN CHARGE OF A COMMITTEE OR EVENT PLEASE LET ME KNOW OF ANY ADDITIONS OR CHANGES SO THAT I CAN GET THE CORRECT INFORMATION OUT TO THE COMMUNITY.

⇒ EDITOR & LAYOUT - LESLIE
 SCOTT. PROOFREADER -
 JAMES ATTEBURY. PLEASE
 SUBMITT ARTICLES TO:
 SUBMISSION.AV.NEWSLETTER
 @GMAIL NO LATER THAN
 JANUARY 25TH

TOWN OFFICE

Phone: 775-372-5459
 Address: 1640 E. Farm Rd.
 Email: Town@TownOfAmargosa.com
 YouTube: https://www.youtube.com/channel/UCI9_NKh7Hp-nKrSDpxx4uw/
 Website: <http://amargosavalleynv.com/>



A Big Thank You to all the Volunteers of our annual Christmas Dinner/Program/Holiday Lights:

Carmen Brown (Clara & Joseph), Diane George, Vern & Linda Gilliland, Rosa Garey, Carolyn Allen, Tom Bonnie, VEA (Aaron, Chris & Chuck), Coeur Sterling (Lonnie, Josh & Humberto), Michele and Jim Rook, Ed Martell, Chuck Fannin, Mary Schoek (Memphis & Penny), Benny Sanchez, Joe Degner, Brett Gamble, Nuvia Contreras, Markie Jerkins, Jennifer Lindsey, Chesney Martin (Emberly & Junie), and Alex Saul. I'm sorry if I forgot anyone. The whole event would not be possible without all the help we get, and from the donations from local individuals and businesses.

A census representative will be at the Beatty and Amargosa Library to provide information on working for the census bureau on January 6 11 to 3 in Beatty and January 9 10 to 1 in Amargosa.

DID YOU KNOW

The Nye County Sheriff's Auxiliary provides "welfare checks" to residents of Amargosa Valley and Beatty. If you would like to have an auxiliary person stop by, please call NCSO Dispatch @ 775-751-7000 (option 5)



**SENIOR SECTION
BY THE
AMARGOSA SENIOR CENTER**

MEALS

DINNER SERVED
MONDAY – THURSDAY
4:30 P.M. – 5:30 P.M.
AND
BREAKFAST SERVED
FRIDAY
9:00 A.M. – 10:00 A.M.

HOMEBOUND MEALS
DELIVERED MONDAY – THURSDAY
For those unable to travel to the center

BILLIARDS
MONDAY 6:00 P.M.

BILLIARDS AND POTLUCK
FRIDAY 5:30 P.M.

CRAFTS
WEDNESDAY
1:00 P.M. – 4:00 P.M.

THRIFT STORE
WEDNESDAY 12:00 – 3:00 PM
FRIDAY 10:00 AM – 3:00 PM

LOCATION:
880 E DESERT SENIOR LN
AMARGOSA VALLEY, NV

FOR MORE INFORMATION
CALL 775-372-5413

OR VISIT
<http://www.amargosaseniors.com>

We encourage all ages to participate in any of the Senior Center's activities.

Amargosa Christian Fellowship
707 E. Farm Road

Sunday Worship: 10:00 a.m.
Tuesday Ladies' Bible Study: 6:30 p.m.
Wednesday Morning Bible Study: 10:00 a.m.
Wednesday Evening Bible Study: 6:30 p.m.

Pastor: James Attebury
Website:
<http://www.amargosachristianfellowship.com>

The purpose of Amargosa Christian Fellowship is to teach the Bible to believers; edifying, instructing, and discipling them towards maturity in the faith. To represent Christ and teach the truths of the Gospel to our community. To further the cause of Christ throughout the world.

DID YOU KNOW

The Nye County Sheriff's Auxiliary provides a "vacation watch service" for those who will be away from their homes Amargosa Valley and Beatty. If you are interested, please call NCSO Dispatch @ 775-751-7000" (option 5)

AMARGOSA SENIORS, INC

WE NOW HAVE OUR WEBSITE UP TO ACCEPT AUTOMATIC DONATIONS FOR THE SENIOR CENTER AND FOR THE COMMODITIES BUILDING COMPLETION.

IF YOU WOULD LIKE TO SUPPORT OUR PROJECTS AND ARE INTERESTED IN DONATING PLEASE VISIT OUR WEBSITE AT:

[HTTP://WWW.AMARGOSASENIORS.COM](http://www.amargosaseniors.com)

IN THE UPPER RIGHT CORNER OF OUR SITE IS A SELECTION AREA FOR DONATIONS.

WE GREATLY APPRECIATE ALL OF THE SUPPORT WE RECEIVE FROM OUR COMMUNITY AND OTHERS. YOU MAKE IT POSSIBLE TO PROVIDE A VARIETY OF SERVICES.

THANK YOU

BOARD OF DIRECTORS
AMARGOSA SENIORS, INC.

AMBULANCE SERVICE IN AMARGOSA



If we want an ambulance service in Amargosa, then we the people of the town need to step up and volunteer to become an "EMR" or an "EMT". Both take dedication and training. "EMT" training means some nights and weekends probably over 2-3 months. It means study and commitment; it means giving up some of your time for help others in this community. Are you this person? Will you be 18 in a few months? We have been told we can keep the ambulances here in Amargosa for 6 months. If we do not have people trained in that time they will be removed by the county. We need a few dedicated, hardworking sincere people to step up and out and volunteer. The help you give may save a loved one, a friend, a stranger. Call the Fire Department @ 372-5351, email the Fire Department @ "FireDepartment@TownOfAmargosa.com", or stop by the station and sign up. Step up, step out and help your community.



⇒ AD PRICES: 1/8 B&W - \$15, COLOR \$40, 1/4 B&W - \$25, COLOR - \$50, 1/2 B&W - \$50 COLOR - \$75, FULL PAGE B&W - \$100 COLOR - \$150.00. RELIGIOUS

AND NON-PROFIT AD'S ARE FREE UNLESS IN COLOR, THEN \$50. PAYMENT MUST BE MADE TO THE TOWN OF AMARGOSA AND SHOULD

ACCOMPANY AD. FOR NEW BUSINESS 1ST 1/2 PAGE AD IS FREE.



COMMODITIES - DESPENSA

**January 11 ~ 11 de enero
10 am - 12 pm**

*880 Desert Seniors Lane (old Senior Center building)
(en el edificio antiguo)*



*If you can volunteer please call Jean at 775-372-1343
Si puedes ayudar habla con Amparo 775-537-7446*

No food will be distributed after 12 PM!

Thrift Store Hours

Horario De Tienda De Segunda

**Wednesdays & Fridays - Miercoles y Viernes
10 AM - 3 PM**

**We have lots of gently used items.
Tenemos muchos articulos Usados.**

**Come check us out!
Ven y Empieza Tus Compras!**

880 E DESERT SENIOR LANE
 AMARGOSA VALLEY NEVADA 89020
 For more information call
 775-372-5413 or visit our website at
<https://www.amargosaseniors.com>

AMARGOSA VALLEY
 SENIOR CENTER

MENU JANUARY 2020

DINNER Served:
 MON - THU 4:30 PM TO 5:30 PM
 BREAKFAST Served:
 FRI 9:00 AM TO 10:00 AM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU SUBJECT TO CHANGE Tea & Lemonade & 1% Milk served daily	A \$4.00 Donation for Seniors Over 60 Years of Age is Suggested - Salad bar is included A \$6.00 Fee is Required for Non-Seniors	SENIOR CENTER CLOSED NEW YEARS DAY	HOT ROAST BEEF SANDWICH/W MASHED POTATOES & GRAVY GREEN BEANS TOMATO ZUCCHINI CASSEROLE FRESH FRUIT COOKIE	**Breakfast** WAFFLES W/FRESH FRUIT LS SAUSAGE LINKS HASH BROWNS GRAPEFRUIT SLICES OJ
TOASTED TUNA SALAD SANDWICH OVEN FRIED POTATOES CAULIFLOWER W/CHEESE SAUCE MIXED SALAD	BQ CHICKEN ROASTED VEGETABLES BROCCOLI SALAD CREACKED WHEAT BREAD STRAWBERRIES ADSD APPROVED	BEEF ENCHILADAS COLORFUL SALAD GARLIC FRENCH DRESSING FRUIT COCKTAIL ZUCCHINI & TOMATO SALAD ADSD APPROVED	LIVER & ONIONS MASHED POTATOES & GRAVY STEAMED PEAS W/W BREAD FRESH ORANGES	**Breakfast** BISCUITS W/LS SAUSAGE GRAVY HASH BROWNS SCRAMBLED EGGS W/VEGGIES FRESH FRUIT SLICES OJ
#108 BEEF STROGONOFF EGG NOODLES ACORN SQUASH ORANGE/SPINACH SALAD PLUMS ADSD APPROVED	COWBOY CHICKEN GRILLERS BAKED POTATOES STEAMED MIXED VEGETABLES WW DINNER ROLLS MANGO CUBES ADSD APPROVED	SPAGHETTI W/MEAT SAUCE COLORFUL SALAD W/ ITALIAN DRESSING 7 GRAIN W/W BREAD ZUCCHINI ORANGES/MANGOS ADSD APPROVED	PORK LOIN W/HERB DRESSING STEAMED SPINACH MIXED GREENS SALAD W/GARBANZO BEANS AMBROSIA W/L/F YOGURT	**Breakfast** FRENCH TOAST W/ BLUEBERRIES & STRAWBERRIES SCRAMBLED EGGS W/VEGGIES LS SAUSAGE PATTIES OJ
SENIOR CENTER CLOSED MARTIN LUTHER KING, JR DAY	BEEF MEATLOAF MASHED POTATOES W/GRAVY STEAMED SPINCH 100% WW BREAD CHANTILLY FRUIT CUP	SALMON PATTIES MACARONI & CHEESE STEAMED PEAS MIXED SALAD YOGURT	BEEF STEW W/VEGGIES BISCUITS W/HONEY MIXED GREENS SALAD FRESH FRUIT	**Breakfast** EGG CASSEROLEW/MIXED VEG CRISP BACON STRIPS ROASTED HERB POTATOES MUFFINS W/HONEY OJ
REUBEN SANDWICH ON RYE W/ FRENCH DRG & SWISS CHEESE OVEN FRIED HERB POTATOES GARDEN SALAD W/MIXED VEG PEANUT BUTTER COOKIE ADSD APPROVED	ROAST BEEF RED POTATOES MIXED VEGETABLES GARDEN SALAD W/DRSG MANDARIN ORANGE WW BREAD / GINGERBREAD	SHREDDED BQ CHICKEN ON WW BUN POTATO SALAD COLESLAW IN SEASON FRESH FRUIT	BEEF VEGETABLE SOUP MEXICAN CORN PIE MIXED GREENS SALAD L/S SALAD DRESSING FRESH ORANGE	SPINACH QUICHE LS SAUSAGE PATTIES MUFFIN VARIETY FRESH FRUIT OJ

The Nevada Health Centers Mammovan is Coming to Your Community!

Early Detection is the Best Protection!

The Mammovan will be in your community on:

DATE: Thursday, January 9, 2020

HOURS: 8:00am to 3:40pm (closed for lunch from 12 noon to 1:10pm)

LOCATION: Amargosa Valley Medical Center

1690 E. Amargosa Farm Rd Amargosa Valley, NV 89020

For mammogram appointments, check in directly with the Mammovan!

For an appointment, please call:

Nevada Health Centers Mammovan

877.581.6266

Go to nvhealthcenters.org/services/mammography for the current calendar of Mammovan events



GET YOUR MAMMOGRAM TODAY!

- *As technology improves, so do we.* 3-D technology offers greater accuracy in mammography screening.
- Women 40 and over require NO referral. Women 39 and under, or men, MUST present a physician (PCP) referral.
- Must be at least 366 days since last screening.
- NO minors can be left unattended and they may NOT accompany you into the exam room.
- Results are mailed directly to you and your PCP / Specialist.

Please be sure you have all of the following with you upon arrival to ensure a smooth check in experience:

- Current and valid government-issued photo ID
- Current insurance card (if applicable)
- Mammography Patient Registration forms — **please complete before your appointment** (forms are available online at nvhealthcenters.org/services/mammography)
- Name and phone number of your Primary Care Physician (PCP)

Acceptable Methods of Payment:

- *Call your insurance company to find out if 3-D is covered. If it is not covered, you have the option of purchasing this enhanced test at a cost of \$50.*
- **Medicare • Medicaid • Sliding Fee Scale**
- **Women's Health Connection (WHC)**
- **Most major insurances** - Yearly Preventive Screenings are covered under most insurances, however, verify your coverage prior to your appointment to assure the Mammovan is an accepted provider.
- **Individuals NOT COVERED** by health insurance may qualify for a "no charge" screening.



¡La Mammovan de Nevada Health Centers viene a su comunidad!

¡La detección temprana es la mejor protección!

La Mammovan viene a su comunidad el:

FECHA: jueves, el 9 de enero de 2020

HORARIO: 8:00am 3:40pm (cerrado para el almuerzo de 12:00 - 13:10)

UBICACIÓN: Amargosa Valley Medical Center

1690 E. Amargosa Farm Rd Amargosa Valley, NV 89020

Para su cita de mamografía, horarios directamente con la última

Para programar una cita, llame al:

Mammovan de Nevada Health Centers

877.581.6266

Visite nvhealthcenters.org/services/mammography
para obtener el calendario actualizado de eventos del Mammovan



¡HAGASE UNA MAMOGRAFÍA HOY!

- *A medida que mejora la tecnología, nosotros también mejoramos. La tecnología 3D permite una mayor precisión en las mamografías.*
- Las mujeres de más de 40 años NO necesitan una derivación. Las mujeres de hasta 39 años inclusive o los hombres DEBEN presentar la derivación de un médico (de atención primaria, PCP).
- Deben haber pasado al menos 366 días desde la última revisión.
- NO se permiten menores sin acompañantes y NO PODRÁN ingresar con usted a la sala de examen.
- Los resultados son enviados directamente a su médico de atención primaria/especialista.

*Asegúrese de tener lo siguiente
elementos al llegar para garantizar
un registro rápido:*

- Identificación con foto emitida por el gobierno vigente y válida
- Tarjeta del seguro actual (si procede)
- Formularios de registro del paciente para mamografía: **complételos antes de su cita** (los formularios están disponibles en línea en nvhealthcenters.org/services/mammography)
- Nombre y número telefónico de su médico de atención primaria

Métodos de pago disponibles:

- *Llame a su compañía de seguros para averiguar si cubre el diagnóstico por imágenes en 3D. Si no lo cubre, usted tiene la opción de comprar este examen mejorado por \$50.*
- **Medicare • Medicaid • Escala de tarifas variable**
- **Women's Health Connection (WHC)**
- *La mayoría de las aseguradoras principales: las revisiones de prevención anuales están cubiertas por la mayoría de las aseguradoras. Sin embargo, verifique su cobertura antes de solicitar una consulta para asegurarse de que el Mammovan sea un proveedor aceptado.*
- *Las personas que NO TENGAN seguro médico pueden calificar para una revisión sin cargo.*

